



MEDI SPA SERVICES MENU



A revitalizing escape awaits you at the luxurious Cole Clinic Medi Spa. Discover rejuvenating face and body treatments that will restore a healthy youthful glow. Relax, rebalance and reinvigorate with one of our exquisite aromatherapy and massage spa packages. At the Cole Clinic Medi Spa we invite you to relax and recharge in our sanctuary created to heal the mind, body and spirit.

Skin Rejuvenation

CATE'S COLLECTION CHEMICAL PEELS

Restore, revitalize and renew with our Cate's Collection Peels. Therapeutic medical grade solutions are used to brighten, smooth and hydrate the skin by repairing damage caused by aging, acne and sun exposure.

REJUVENATION PEEL

TOTAL SKIN RENEWAL SYSTEM

Rejuvenate and restore an even, youthful skin tone with the Cate's Collection Rejuvenation Peel and Renewal System. This collagen stimulating peel contains retinoic acid layered underneath the azelaic, lactic and phytic acid to minimize the appearance of surface lines, smooth and brighten skin tone and treat sun damage, hyperpigmentation and melasma. The skin enhancement comprehensive take home kit includes 5 Cate's Collection skin rejuvenation products to amplify and extend the benefits of the peel. **\$375**

RADIANT GLOSS PEEL

Our customizable peel designed for your specific skin type. Vitamin A and arbutase infused for fine lines and wrinkles, creating an even skin tone and retexturizing the skin bringing out a luminous glow. The Cate's Collection Radiant Gloss Peel is our multi-functional peel combining azeloyl trichloroacetamide and salicylic acid, smoothing out skin texture to brighten, tighten and firm skin restoring a polished, radiant, youthful appearance. **\$150**

RENEWAL HYDRATING PEEL

The Cate's Collection Renewal Hydrating Peel is the first chemical peel made from moisturizers. This unique peel combines lactic acid and urea gel to not only exfoliate but deeply hydrate the skin. The added eco friendly polishing scrub gives the skin a fabulous glow. **\$105**

CATE'S COLLECTIONS FACIALS

Our hydrating and restorative facials are customized and formulated for your individual skin type and condition.

CATE'S COLLECTION SIGNATURE FACIAL

A deep cleansing and hydrating facial that removes daily pollutants locked in the skin, lifting and exfoliating dead skin cells and driving moisture deep into the epidermis. Leaving your skin nourished, refreshed and restoring your natural youthful glow. **\$105**

RESTORATIVE FACIAL

Infuse skin with vitamin c, vitamin e and green tea extract powerful antioxidants dramatically purifying and hydrating the skin. This anti aging booster soothes and protects, locking in moisture while plumping and brightening the skin. **\$105**

REGENERATIVE FACIAL

This unique treatment begins with a deep exfoliation and a generous application of our mineral rich kaolin clay. Purifying and detoxifying the phyto-nutrients in the clay eliminate toxins and oil from the skin. A deep pore cleanse follows to refine and clarify with remarkable regenerative power. **\$105**

JUST FOR HIM DEEP CLEANSING FACIAL

This results-oriented treatment combines deep cleansing with calming and clarifying properties to effectively treat congestion and irritation that occur as a result of athletic activities and frequent shaving. This 90 minute session includes an additional mask and a 30 minute head, shoulders and neck massage. Please shave at least 4 to 8 hours prior to treatment. **\$95**

Body Treatments

Our signature body treatments are designed to clean, exfoliate, detoxify and nourish the skin.

SEDONA CLAY WRAP

This unique treatment begins with a light exfoliation and a generous application of a mineral-rich Sedona clay. We have enhanced the already powerful detoxifying, anti-inflammatory properties of the clay with the addition of cocoa powder. Cocoa is a softening, smoothing antioxidant agent that heals, and protects while its delightful aroma brings a sense of simple pleasure. After you have showered off the clay, we apply a mineral-rich oil or lotion to leave you glowing and feeling grounded. This 90 minute treatment includes a 30 minute massage. **\$165**

GOOD KARMA MUD WRAP

Re-mineralize your skin while pulling impurities out. This treatment begins with a dry brush exfoliation to open up your pores. Next a warm application of mud composed of plant extracts, trace elements and vitamins is applied to the skin. Added to the mud is the good karma oil blend with ylang ylang, chamomile and sweet orange to promote positive well-being. You will be wrapped in a warm cocoon as the mud revitalizes and hydrates your skin, reducing joint pain and sore muscles caused by such conditions as fibromyalgia and arthritis. This treatment includes a rain shower and a hydrating lotion application. **\$115**

SEA SALT GLOW

Restore your skin's radiant glow as this innovative exfoliating sea salt rich in concentrated minerals and essential oils renders your skin silky smooth and nourished. Recommended prior to one of our mud wraps to promote enhanced absorbency and optimum results. 45 minutes. **\$75**

MASSAGE

SWEDISH RELAXATION MASSAGE

A classic massage that uses long, fluid strokes to relieve muscle tension and improve circulation. This technique will ease you into relaxation and release stress throughout your entire body. 60 minutes. **\$80**

HEAD, NECK AND SHOULDER MASSAGE

This therapeutic treatment encourages the mind to let go by addressing specific acupressure points on the neck, head, hands and feet. Incorporating essential oils to aid in circulation and relaxation, melting away tension and nurturing a state of well-being. 45 minutes. **\$60**

INTENTIONAL AROMATHERAPY MASSAGE

In this signature treatment, you will choose one intention and the corresponding aromatherapy oil that most resonates with your energy. This treatment combines a dry-brush body exfoliation with a light, flowing massage that relaxes your entire body. The 90 minute session includes a warm body wrap. **\$105**

VIBRATIONAL MASSAGE

Using specifically blended oils that vibrate with the frequency of the seven energy centres of the body, the chakras are opened and revitalized. This synergistic experience of breathing in each of the powerful aromatic oils, along with massage, leaves you feeling balanced. 90 minutes. **\$105**

SIGNATURE STONE MASSAGE

Our exclusive full body stone massage uses alternating temperature and adjustable pressure to deeply penetrate muscle tissue, address specific problems and relax the entire nervous system. While warm oil, aromatherapy and strategic stone placement sedate the nervous system, hot oils are massaged deeply into muscle tissue, creating profound release that transcends the potential of traditional massage. Connect with the Earth's balancing energy for a soothing, restorative experience. 60 minutes. **\$95**



Cate's Collection

Cate's Collection is a revolutionary line of skin care products formulated to revitalize the skin and restore a youthful, healthy glow.

REJUVENATE TREATMENT COMPLEX

REJUVENATE is compounded in-clinic for individual skin types in the treatment of fine lines and pigmentation. The vitamin A and arbutase restores skin to a more youthful and even-toned appearance. The addition of kojilac acid brightens the skin and restores a healthy looking glow. **\$110-160**



REVOLUMIZE INTENSIVE MOISTURIZER

Plump, hydrated skin is a reality with our REVOLUMIZE Intensive Moisturizer. This unique treatment cream utilizes hyaluronic acid and acetyl hexapeptide 8 to hydrate thirsty skin from within. **\$195**



REVITALIZE VITAMIN C&E GEL

This serugel contains high-potency vitamins C, E and ferulic acid ester along with keratolytic salicylate. This unique combination provides both short-term cutaneous micro-exfoliation and longer-term antioxidant benefits. Helps to brighten and smooth texture which helps to improve the appearance of fine lines and wrinkles. **\$155**



CLEAR EXFOLIATING TONER PADS

These exfoliating pads effectively remove dead skin build up, formulated with glycolic, lactic and salicylic acids quickly enhances the treatment power of other Cate's Collection products. **\$65**



DARK CIRCLE DIMINISH EYE COMPLEX

Short of having surgery or fixing your genetic code, there is a short-term fix with Diminish for Dark Circles! Used sparingly to the undeye area, chrysin, kojic dipalmitate and arbutin work to reduce darkness and brighten the eye area. Paraben and fragrance free. **\$75**



FOAMY REDNESS REDUCING CLEANSER

This anti-redness foamy cleanser is the ideal first step for anyone who has sensitive or rosacea skin, or as part of a post-procedure skincare regimen. Made with evodia, an anti-inflammatory ingredient from the evodio plant, and bisabolol and green tea extract, this cleanser gently removes dirt without parabens, fragrance or irritation. **\$50**





GREEN TEA ANTIOXIDANT PADS

These antioxidant pads contain powerful antioxidants called polyphenols. The skin conditioning benefits include anti aging, anti inflammatory and anti redness. Promoting Deep Cleansing and Healing. **\$80**



HYDRAEYE DEPUFFER EYE COMPLEX

The sensitive eye area has special needs. Medically formulated to reduce the appearance of under eye puffiness, dryness and fine lines and wrinkles, green tea, hyaluronic acid lipopeptide pal-gqpr combine to produce dramatic effects. **\$70**



SOOTHE CREAM – REDNESS RELIEF

Stress and the environment take its toll on our skin. This paraben and fragrance free anti redness treatment cream hydrates to reduce redness and inflammation restoring an even healthy skin tone. **\$60**



SOOTHE GEL – REDNESS RELIEF

Soothes redness, irritation and inflammation in sensitive acne prone skin. Emulsed with antioxidants and kerolytic ingredients to exfoliate and restore a healthy even skin tone. **\$60**



HYDRATONE OIL FREE GEL

This oil free hydrator is effortless to use under makeup, sunscreen and as a post cosmetic procedure treatment. Hyaluronic acid and oligopeptide -68 makes Hydratone a must have treatment gel. **\$90**



PROTECT SUNSCREEN BROAD SPECTRUM SPF 30

SPF protection, moisturizer, antioxidants and a BB Cream! Truly a multi tasker. Protect SPF 30 utilizes zinc oxide and titanium dioxide to help provide a better broad spectrum UVA/UVB coverage. **\$70**



CLEAR MEDICATED BLEMISH STICK

The easy and fun way to treat a blemish. This convenient roller ball touch stick is the perfect way to zap a blemish quickly. Salicylic acid and anti-inflammatory agents help treat and prevent the spread of acne breakouts. Use it twice daily on that stubborn blemish. **\$50**



CLEAR CLEANSER

Start your skincare regimen with CLEAR. This exfoliating cleanser removes dirt and makeup without overstripping the skin. A special combination of multi hydroxy acids glycolic, lactic and 2% salicylic acid, all designed to treat oily and acne-prone skin. Paraben and fragrance-free. **\$50**



PURIFY VITAMIN C CLEANSER

Free of fragrances, dyes and parabens. PURIFY antioxidant gel cleanser leaves skin refreshed and not over stripped. The perfect start to any skin care regimen. **\$50**



REPLENISHING ULTRA HYDRATION GEL

This ultimate non-greasy moisturizer, Replenishing Ultra is a unique gel hydrator that can be used as a makeup primer or as an evening soothing facial "drink" to replenish lost moisture from more drying retinoid products. Squalane and bisabolol make this product a must-have for all skin types except oily. **\$80**



CLEAR EXFOLIATING LOTION

Acne products should do double duty; treat acne without over drying the skin. The Clear Exfoliating lotion is a low dose retinoid combined with salicylic acid to help to clear problem skin of all ages. Combine with the Clear Pads and Touchstick for added acne fighting benefits. **\$60**



RESTORATIVE EYE COMPLEX

A potent combination of ingredients designed to target the specific needs of the eye area reducing under eye puffiness and the appearance of fine lines and wrinkles and brighten dark circles. Restore a fresher younger looking eye area. **\$95**



RETEXTURIZE SMOOTHING NECK COMPLEX

Our age defying Neck Complex smooths softens and improves the delicate neck and décolleté area. Fortified with skin enhancing peptides combined with retinoid and antioxidants to lift and firm this delicate area. **\$120**



Cale's Collection
EXCLUSIVELY AT
THE COLE CLINIC

Botox and Filler Injectable Treatments

As we age our skin loses its volume, hydration and elasticity, all of which promote a healthy-looking appearance.

Botox, Juvederm, and Belkyra are Health Canada approved non-surgical injectables that quickly and easily redefine facial contours, revolumizing the face, smoothing

out lines and wrinkles and getting rid of that stubborn double chin. Let us help you To Look As Young as You Feel.



BOTOX
—Cosmetic

Juvederm
INJECTABLE GEL

belkyra
deoxycholic acid injection

Ultherapy The Non Surgical Face Lift

Ultherapy, also known as Ulthera, is the only Non-Invasive, Non-Surgical ultrasound treatment approved by the FDA and Health Canada for lifting the skin

on the neck, chin, and brow. Ultherapy uses focused ultrasound to lift and tighten loose skin over time, with **no downtime**.

ulthera[®]

What Patients Are Saying About The Ultrasonic Face Lift

"The deep wrinkles on my forehead are improved; my skin is tighter and I have smaller pores."

"Looking at my before and after pictures, I was stunned – there was a noticeable change!"

"I see improvements in my wrinkles, there is less hooding and it really opened my eyes. My eye shadow is now more visible."

"There is a continual progression in my looking better...this is just amazing to me!"

"3-4 weeks after treatment, I started receiving comments like 'You look great!' and 'What have you been doing?'"





Silk Peel Dermalinfusion Microdermabrasion

The Silk Peel treatment infuses customized medicated serums deep into the skin to improve, tone and texture and treat acne. This safe, non-invasive, soothing procedure clarifies, moisturizes and brightens the skin to restore a radiant looking glow.

Laser Skin Resurfacing

Get dramatic results and restore your skin's healthy look and glow with Laser Skin Resurfacing. Treat deep lines and wrinkles, acne scarring and diminish the appearance of imperfections on the skin. The perfect choice for those looking to safely and effectively remove damaged layers of skin while stimulating collagen production. The ultimate anti aging tool restores smoother, younger, healthier looking skin.

Cole Micro Laser Peel

Cole Micro Laser Peel is the perfect option for patients who want to improve skin tone and texture without the downtime of laser resurfacing. In just 2-3 days, skin's youthful glow is restored, treating sun damage, fine lines and pore size.

The Cole Micro Laser Peel uses light energy to safely remove the top layers of the skin at a controlled depth to assist in accelerating the skin's own renewal process. Remove dull damaged skin and reveal smooth luminous skin with this safe, effective and painless treatment.

Forever Young

Broadband Light (BBL) is an innovative technology that provides a safe and effective solution for sun damaged and aging skin. This revolutionary technology turns back the hand of time and refreshes and rejuvenates the skin. This fast, cost effective treatment is one of the most popular choices for facial and non-facial skin rejuvenation. Effectively treat age spots, freckles, redness, small vessels and hyperpigmentation.



Laser Hair Removal

Tired of tweezing, waxing and shaving?

Now you can get rid of that unwanted hair permanently.

Our lasers work on all skin colours, have minimal discomfort, and do not damage the skin. Best of all, you can achieve permanent results!



Glo Minerals

Advanced mineral makeup that covers, protects and corrects.

Glo Minerals products provide exceptional coverage that lasts. Give your skin the anti-aging treatment it deserves with a powerful antioxidant blend that focuses on restoring health and vibrancy to your skin.



glō·minerals

Latisse Eye Lash Enhancement

Long luscious
lashes at last

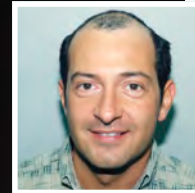
Latisse is the only prescription eyelash product approved in Canada to grow your natural eyelashes longer, fuller and darker.


(bimatoprost topical solution 0.03% w/v)

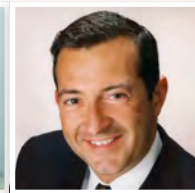


Hair Restoration

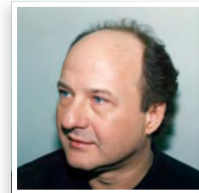
Hair transplantation is a medical procedure that involves the redistribution of permanently growing hair from a donor area at the sides and back of the scalp. These follicles are genetically programmed to continue to grow and are unaffected by the hormones causing baldness. Once transplanted to the thinning or balding areas, these hairs will continue to grow for a lifetime. Hair transplantation uses your own naturally growing hair! Cut and style it any way you like, it's your own hair!



before



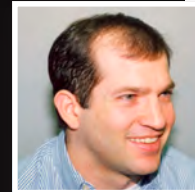
after



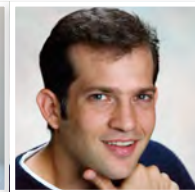
before



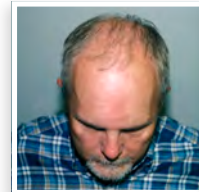
after



before



after



before



after

Hair Transplantation

ARTAS ROBOTIC FOLLICULAR UNIT EXTRACTION HAIR TRANSPLANT SURGERY

The Artas Robotic Follicular Unit Extraction Hair Transplant surgery has a minimally invasive harvesting process, thus preserving the natural look of the donor area and leaving no linear scar. The robotic technology with advanced digital imaging scans, tracks and grades each hair follicle with only the optimal hairs harvested for transplantation. The Artas Robotic Hair Transplant delivers robust grafts producing a very natural looking result with a fast recovery time and little or no post procedure pain.

STRIP METHOD OF HAIR TRANSPLANTATION

During this process, skin containing the permanently growing hair is harvested from the donor area of the back and side of the scalp, and divided into its naturally occurring follicular units containing 1-4 hairs.

Smaller follicular units containing 1-2 hairs are used to create a natural hairline in balding frontal areas. Follicular units containing 2-4 hairs are used over the rest of the balding scalp to create a combination of naturalness and fullness. Natural looking results!

Contact Us

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